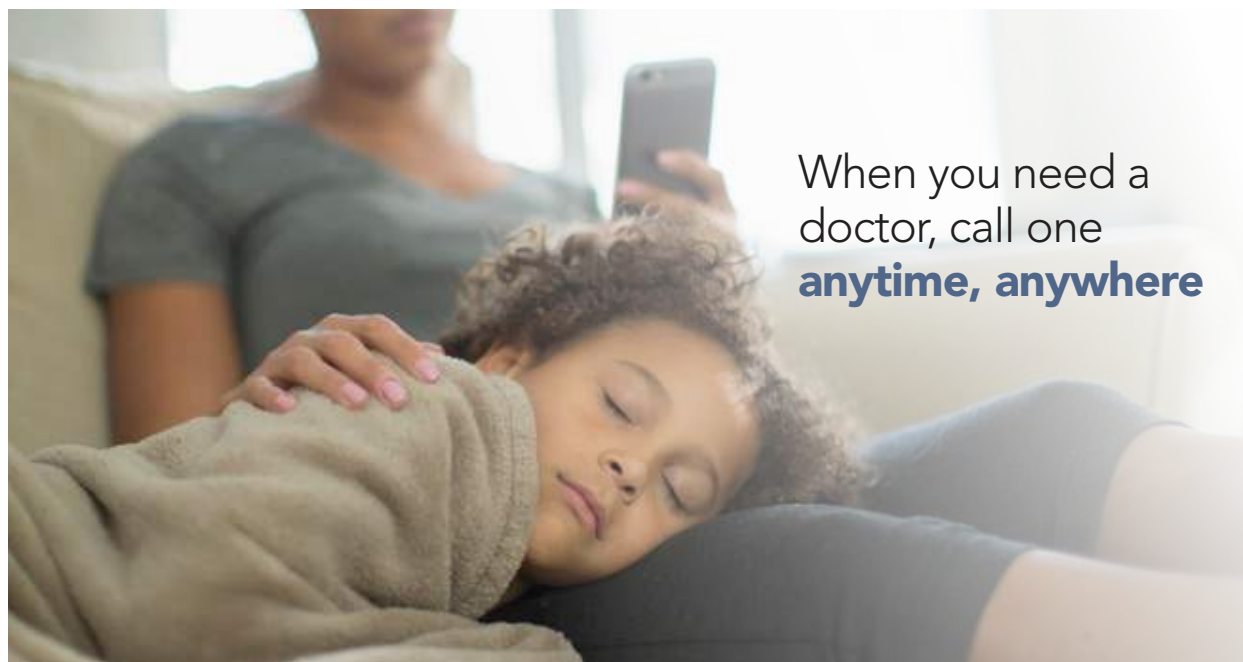


NEW! Telemedicine Service

While Chambers Plan continues to provide stable, comprehensive group benefits to over 30,000 Canadian firms, we are always on the lookout for opportunities to provide you and your employees with even greater value.

In a recent survey, 57% of Canadians reported they could not secure an appointment with their family doctor within 48 hours, and 76% of Canadians found it difficult to secure care during evenings, weekends and holidays.¹ Not only is this adding strain to our healthcare system, leading to exceedingly long wait times in walk-in clinics and patients progressively seeking non-urgent care in emergency rooms, but it contributes to increased absenteeism in the workplace.

We are thrilled to announce our partnership with Teladoc Health, the global leader in virtual care who provides convenient access to high-quality care for millions of people in more than 130 countries. The Teladoc® telemedicine service helps members consult with a physician about non-urgent medical matters by video conference or by phone², from wherever they are, 24 hours a day, 365 days a year.

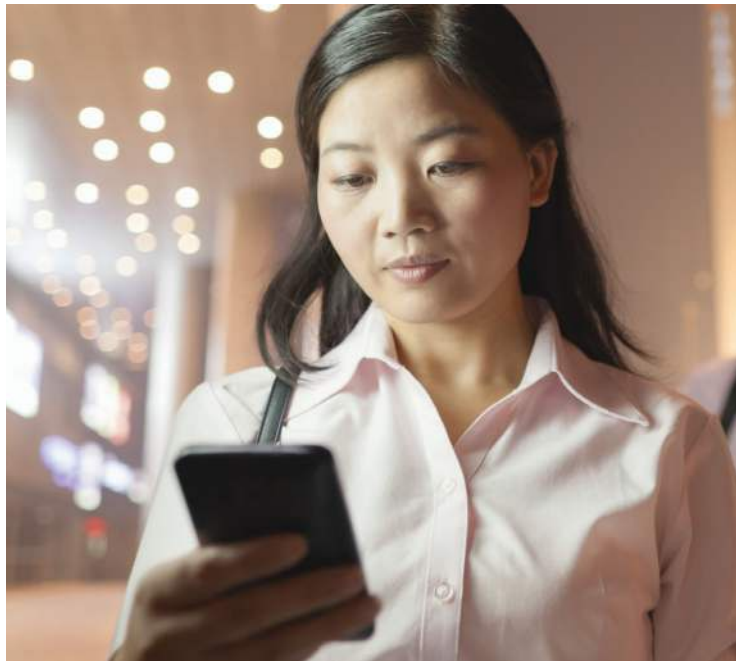


When you need a
doctor, call one
anytime, anywhere

Continued

Up in the middle of the night with a sick child? Need a prescription refill but don't want to spend hours in a waiting room? Living or vacationing in a remote location, making it difficult to obtain medical care?

Chambers Plan, in partnership with Teladoc Health, now offers a solution.



During the visit, members can receive a diagnosis, treatment recommendation, and even be prescribed medicine when necessary. Every doctor is certified by the Canadian College of Family Physicians to ensure the highest standards of quality.

And the best part is, effective September 1st, 2019, Chambers Plan will offer the Teladoc telemedicine service **at no additional charge** to all Plan members, and their dependents, **who hold a Chambers Plan Extended Health Care benefit**. Simply download the Teladoc app from Apple or Google Play, complete the quick registration, and request a consultation either by video conference or by phone².

More information, as well as materials which can be shared with your employees, can be found September 1st at my-benefits.ca.

¹ The Commonwealth Fund, 2016. "International Health Care System Profiles."

² In Quebec, telemedicine services must be offered by video conference.

Teladoc is a registered trademark of Teladoc Health, Inc.